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Faith-Filled Women Coach · Author · Speaker

Find Your Next Step in 2 Minutes

You don't need to have it all figured out. This short quiz helps you name what season you're really in, so you can take one clear step forward instead of guessing which programme is right for you.

Question 1 — Where are you right now?

- A) Running on empty, barely holding it together
- B) In a season of transition (career, faith, relationships)
- C) Searching for clarity on my purpose or calling
- D) Feeling disconnected from who I really am
- E) Building something and need strategic, faith-aligned direction
- F) Navigating this alongside my partner/spouse

Question 2 — What would "moving forward" look like for you right now?

- A) Rest and permission to stop carrying so much
- B) Emotional healing and processing what happened
- C) A clear plan and practical next steps
- D) Rediscovering my identity and confidence
- E) Aligning my vision and leadership with God's purpose
- F) A shared sense of mission with someone I love

Question 3 — How much are you carrying right now?

- A) I'm exhausted — even small things feel like a lot
- B) I'm managing, but something feels unresolved underneath
- C) I have energy, I just need direction

- D) I'm in a season of real change or upheaval

Question 4 — What's your capacity for this season?

- A) Something gentle — I need low commitment to start
- B) I'm ready for a real conversation to find my next step
- C) I'm ready to commit to sustained, deeper work
- D) I want a structured, strategic programme with milestones

Question 5 — Where should we send your results?

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