



CORPORATE PROGRAMMES

Building Teams That Flourish

Healthy organisations are built by whole people. We equip teams with emotional intelligence, aligned purpose, and the relational skills that create cultures of trust, innovation, and lasting impact.

OUR SERVICES

① TEAM CLARITY & CAPABILITY

Understand your people, build what they need

Combines assessment with practical, applied training so your team gets tools it can use immediately.

Essentials (training only) £495
3 hours

Full Clarity (assessment + tailored training) £1,250
7 hours

Save £245 vs. booking separately

BEST FOR

Teams wanting practical EQ & communication skills, and leaders wanting a clear picture of team strengths and gaps.

② TEAM CONNECTION & ALIGNMENT

Rebuild trust, align direction

A guided space for honest connection and strategic alignment, from a focused reset to a full immersive day.

Reset (team bonding) £750
3 hours

Immersive (full-day alignment) £1,250
12 hours

BEST FOR

Teams experiencing tension or disconnect, leaders realigning around a shared vision, and organisations in transition.

WHY TEMI

She helps organisations develop people, strengthen teams, and build healthier workplace cultures through practical training, assessment, connection, and strategic alignment.

Not sure where to start? Request a Proposal.

hello@temiolu.co.uk · temiolu.co.uk/corporatecoaching

Response within 3 business days